

FOURTH ANNUAL REPORT

OF THE

COMMITTEE OF VISITORS

OF THE

Cambridgeshire, Isle of Ely, and Borough of Cambridge

PAUPER LUNATIC ASYLUM,



FOR THE YEAR ENDING


THE 31ST DAY OF DECEMBER, 1861.

WITH APPENDIX.

Cambridge :

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THE FOURTH ANNUAL REPORT

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COMMITTEE OF VISITORS

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Cambridgeshire, Isle of Ely, and Borough of Cambridge

PAUPER LUNATIC ASYLUM.

PURSUANT to the 62nd Sect. of the 16th and 17th Vic., cap. 97, the Committee of Visitors of the above Asylum, beg to report to Her Majesty's Justices of the Peace for the County of Cambridge and Isle of Ely respectively, in Quarter Sessions assembled, and to the Town Council of the Borough of Cambridge, as follows :

Your Committee have much pleasure in being enabled to Report that the Asylum has, during the past year, been, and still is, in a very satisfactory state and condition, and in confirmation thereof beg to append extracts from the Report of R. W. S. Lutwidge, and S. Gaskell, Esquires, two of the Commissioners in Lunacy, on their inspection of the Asylum on the 18th and 19th November last.

“ We have yesterday and this day inspected the Asylum in its several Departments, and seen all the patients, who are at present 246 in number, viz :

	Males.	Females.	Total.
Private.....	5	8	13
Pauper.....	103	130	233
Total	108	138	246

We have to record the following changes in the patients since our last visit, on the 14th June, 1860 :

	Males.	Females.	Total.
Admitted.....	83	92	175
Discharged and removed...	29	35	64
Of whom Recovered	16	37	53
„ Died	25	16	41

With the exception of one case of suicide, the particulars of which were duly reported to the Board, the deaths were all from ordinary causes.

The instances of seclusion, since our last visit, have been few, and those chiefly confined to cases of epileptic mania.

The sanitary condition of the Asylum is good, and the rate of mortality very low.

The chapel attendance averages 120 on Sundays, and 80 on Week days. Divine service is performed by the Chaplain (Vicar of Cherryhinton), on Sundays, and daily throughout the week. From 8 to 12 of the patients of each sex go to church. The daily average numbers of patients usefully employed are 52 in the Male Division, and 81 in the Female; of the Men, about 25 are employed in the garden and on the farm, and 8 as artizans: and of the Women, about 35 are usually employed in sewing and knitting, and 20 in the laundry department.

The results of the system of night attendance continue to be satisfactory.

We found the several wards and rooms clean and in creditable order, and the atmosphere was pure throughout.

The patients of both sexes, at the time of our visit, were free from excitement, and orderly in their demeanour, and we have satisfaction in reporting most favourably of their personal condition as to dress and otherwise.

Of the present pauper patients, 44 belong to Ipswich, 20 to King's Lynn, 8 to Bury, and 1 to Yarmouth.

The Asylum is estimated to accommodate 150 patients of each sex. The actual number of beds are 112 in the Male Division, and 138 in the Female; of the former 6, and of the latter 8 are vacant.

The Asylum is now independent of external sources for the supply of bread, beer, clothing, shoes, and vegetables, as well as various other articles of consumption.

In Dr. Lawrence's absence, on account of illness, the immediate charge of the Asylum has devolved upon Dr. Paley, who is active and zealous in the discharge of the duty thus temporarily delegated to him.

The general condition and management of the Asylum continue to reflect credit upon the Medical Superintendent and other Officers."

The foregoing Report, recorded by Gentlemen conversant with the working of Establishments for the Insane throughout the kingdom, and whose visits are made at uncertain intervals, is very gratifying to your Committee; and speaks well for the manner in which the several duties of the

Officers and Attendants have been performed during the past year.

Your Committee whilst they point with pleasure to the general management of the Asylum, cannot disguise the fact, that during the past year, three charges of misconduct have been brought against Attendants, viz.: Thomas Gates, John Bains, and Robert Mills. Thomas Gates, the Tailor Attendant, was convicted at the County Quarter Sessions of stealing 3 yards of cloth from the Asylum stores, and sentenced to 9 calendar months imprisonment with hard labor. John Bains, another Attendant, was discharged by your Committee from his office, for gross negligence in leaving his razors in his bedroom, near the window adjoining the patients' yard, whereby William Gittus, a patient, having access thereto, committed suicide. The 3rd case of misconduct was that of Robert Mills, an Attendant, who in May last was suspended by the House Committee for striking a patient; the circumstances of this case were reported to the Commissioners in Lunacy, who left the matter to the discretion of your Committee; the charge was accordingly investigated, and as it appeared that Mills had been subjected to great provocation, and had previously borne a good character, your Committee cautioned him as to his future conduct,

and continued him in office; but shortly afterwards he was discharged in consequence of further misconduct.

Your Committee in their last report, stated that they had ordered two new Tabular Boilers for the purpose of cooking and other uses at the Asylum:—These have since been completed in a highly satisfactory manner, by Mr. Swann Hurrell, of Cambridge. The advantages derived by the introduction of these Boilers have been very great, not only as regards the amount of work accomplished by them, but also the great saving effected in the consumption of Fuel. One of the new Boilers performing considerably more work than that done by the four old Boilers supplied by the original Contractor. As to the saving of Fuel, your Committee beg to append a short statement, prepared by the Steward of the Asylum, shewing the quantity of coals consumed, before and subsequent, to the introduction of the Boilers.

Year.	No. of Patients	Coals consumed	Cost of Coals.			Less Patients than 1861.	Saving compared with Consumption of 1861.			
							Quantity		Cost.	
		Tons.	£.	s.	d.		Tons.	£.	s.	d.
1859	144	298	274	9	6	102	82	79	9	6
1860	178	325	292	10	0	68	109	97	10	0
1861	246	216	195	0	0		

The Gas Retorts and Furnaces connected there-

with were in the first instance constructed on an improper principle, there being one furnace to each Retort, which caused a heavy consumption of fuel and coke, and considerable wear and tear to the works. Your Committee caused the whole to be removed, and in lieu thereof substituted two furnaces to three retorts: one furnace being used with two retorts for producing Gas during the Winter, and the single one during the Summer. This alteration has been carried out very satisfactorily by Mr. Hurrell, and the result has proved equal to every requirement of the Asylum, besides effecting a considerable saving in Fuel and Coke, as shewn by the following statement:—

Year.	Average Number of Patients.	Coals con- sumed.	Cost of Coals.			Less Patients than 1861.	Saving compared with Consumption of 1861.			
							Quantity.	Cost.		
		Tons.	£.	s.	d.		Tons.	£.	s.	d.
1859	144	76	73	15	6	102	10	11	7	6
1860	178	99	86	8	0	68	33	24	0	0
1861	246	66	62	8	0		

The rate of maintenance in the Asylum of pauper patients, chargeable to parishes in the County, Isle, and Borough, during the past year, has been as follows:—

Half-year ended 30 June, 1861	11s. 0d.	per head per week.
Quarter „ 30 Sept., 1861	10s. 6d.	„ „
„ „ 31 Dec., 1861	10s. 0d.	„ „

Shewing a gradual reduction of One Shilling per head per week throughout the year, and your Committee hope to be able to report a further reduction in the charge for maintenance of that class of Patients.

The maintenance of Out-County patients during the past year has continued at one uniform rate of 13s. per head per week, and of private patients 14s. per head per week.

The following Tables shew the gradual increase of patients received into the Asylum, and the source from which they have been obtained :—

	1859.			1860.			1861.		
	M.	F.	Total.	M.	F.	Total.	M.	F.	Total.
County, Isle, and Borough Patients	74	70	144	70	79	149	78	80	158
Out-County	2	8	10	10	27	37	28	49	77
Private	3	2	5	8	6	14	4	7	11
	79	80	159	88	112	200	110	136	246

By the foregoing tables it will be seen, that during the years 1859, 1860, and 1861, the number of patients chargeable to the County, Isle, and Borough, have only increased 14, whilst those belonging to Out-Counties have, during the same period, increased 67, and private patients 6.

On the application of the Guardians of the Ipswich Union, your Committee, at their Meeting

held in February last, agreed to receive into the Asylum, 8 male and 19 female patients, chargeable to that Union, at the usual rate of maintenance charged on Out-County pauper patients, viz. 13s. per head per week.

At a Meeting of your Committee, held on the 29 October last, a proposal (made on the suggestion of the Commissioners in Lunacy) was received from the Town Council of the Borough of Ipswich, through their Town-Clerk, to enter into a contract under the Lunatic Asylums Act, 1853, with your Committee, for the reception into the Asylum of all patients chargeable to that Borough, at the rate of 13s. per head per week; and on the 26th November last, your Committee passed a resolution to enter into such contract, for the term of five years, and directed their Clerk to prepare a contract accordingly.

At a Meeting of your Committee, held on the 28th May last, a memorial, signed by certain parishioners of Fulbourn, was presented, as to the burial of patients dying in the Asylum in the churchyard of that parish, and suggesting that your Committee should make a cemetery on the Asylum grounds. The question was referred to a Sub-Committee, who, on the 2 July last, presented their report, as follows:—

“Your Committee met at the Lion Hotel, Cambridge, on Thursday, the 6th of June instant. Present: Wm. Parker Hamond, Esq., *Chairman*; The Rev. Jas. Fendall, Chas. Watson Townley, Esq., and Fredc. Barlow, Esq.

“The Clerk informed your Committee, that by the 13th sect. of the 18 & 19 Vic. cap. 105, the Committee of Visitors are empowered, with the sanction of the Secretary of State, to convey a piece of the Asylum Ground, not exceeding two acres, to Her Majesty's Commissioners for Building New Churches for the purpose of Consecration as a Burial Ground for Pauper or other Lunatics, or Officers and Servants dying in the Asylum.

“That your Committee have ascertained that the Churchyard at Fulbourn is at present over-crowded, and that if the piece of ground adjoining thereto, called the “Camping Ground,” were added to it, it would not suffice for the wants of the two Parishes of Fulbourn for more than 50 years.

“That a strong feeling exists in the Parish against appropriating this Camping Ground to burial purposes, in proof of this your Committee would refer the Visitors to the Memorial, signed by six influential Ratepayers of the Parish, presented at a Meeting of the Visitors held on the 30th August, 1859.

“That your Committee have submitted Lists of Queries, on the subject of providing a Cemetery, to the Medical Superintendents of the Sussex, Hants., Essex, and Middlesex (Colney Hatch) Asylums, where Cemeteries are already provided, and beg to subjoin their replies; by which it will be seen that no feeling exists on the part of the Friends of deceased Patients against Burials in a Cemetery attached to an Asylum.

“Your Committee find that at present a Hearse is engaged from Cambridge, to remove the bodies of deceased Patients from the Asylum to the Fulbourn Churchyard, at a cost of 18s. for

each funeral, in addition to 8s. 4d. for Burial Fees, both of which would be saved on providing a Cemetery.

“Under these circumstances, your Committee recommend that a suitable piece of Land be fenced off, and conveyed under the said Act of Parliament, for the purpose of Consecration as a Burial Ground for Pauper and other Lunatics, or Officers or Servants dying in the Asylum, and that a small Mortuary Chapel be erected on such Cemetery.

“Your Committee estimate that the total cost of providing the Cemetery and Chapel, including fencing, fees, and all other incidental expenses, will not exceed £250.

(Signed) “WM. PARKER HAMOND,
“Chairman.”

Your Committee agreed to adopt the report of the Sub-Committee, and referred the questions of selecting a site for such cemetery, and of erecting a mortuary chapel thereon, to the same Sub-Committee, who, in their report presented on the 30th July last, recommended:—

“That the Site of the Cemetery consist of Two Roods of Land at the north-west corner of the Asylum Grounds, adjoining the Railway. That the proportions of the Cemetery be as follows:—In length, from west to east, 100 yards or thereabouts, and in depth 25 yards or thereabouts.”

The Committee also recommended:—

“That the Building at the Lodge-gate, originally intended for a Mortuary, be pulled down and re-erected on the Cemetery as a Chapel.”

This report was agreed to by your Committee, and a grant of £250. has since been obtained from the County, Isle, and Borough, to carry out the work. The piece of land selected, containing 2R. 3P., has been measured off, and conveyed, under the 13th section of the 18 & 19 Vic. cap. 105, to Her Majesty's Commissioners for Building New Churches, the consent of Her Majesty's Secretary of State having been previously procured, and your Committee will in the course of the ensuing spring fence it off, erect the chapel, and take the necessary steps for its being consecrated for Burials.

Your Committee, by their special report of 26th of March last, applied to the County, Isle, and Borough, for a grant of £500. to erect a detached residence for the Clerk and Steward, and for furniture for the same, which was voted by the three bodies, and the amount has since been paid to the Treasurer of the Asylum. Plans, specifications, and estimates for carrying out the work have been prepared by Mr. B. Attack, of Cambridge, builder, and approved of, but your Committee deem it advisable to postpone the erection of this residence at present.

Your Committee cannot close this report without recording their thanks to Wm. Parker

Hamond, Charles W. Townley, and Patrick Beales, Esquires, who during the past year have so well performed the very onerous duties of Visiting Subcommittee of the Asylum ; much credit is due to them for valuable suggestions and improvements in the management and arrangement of the Asylum, which have added much to its present efficient state.

(Signed) THO. S^T. QUINTIN,
Chairman.

FULBOURN,
31st December, 1861.

CHAPLAIN'S REPORT.

CAMBRIDGESHIRE ASYLUM,
Fulbourn, near Cambridge,
December 28th, 1861.

MY LORD AND GENTLEMEN,

I beg to inform you that, with the exceptions noted in my diary, I have read Prayers daily in this Asylum during the past year, and have preached on Sundays, Good Friday, and Christmas Day. I have also administered the Holy Communion twice during the year, viz., at Easter and Michaelmas. Upon each occasion several of the female Patients attended.

The behaviour of the Patients who are able to attend Chapel has been uniformly good.

The apparent attention and devotion of many of them to the services is very striking; and I believe that in many cases their attendance at Chapel is a source of much comfort and consolation to them.

I am,

My Lord and Gentlemen,

Your obedient Servant,

(Signed)

W. S. PARISH,

Chaplain.

MEDICAL SUPERINTENDENT'S REPORT.

CAMBRIDGESHIRE COUNTY ASYLUM,
Dec. 31st, 1861.

MY LORD AND GENTLEMEN,

Another year having passed since I had the honour of submitting to you, a report of the progress, and condition of the Asylum ; it now becomes my duty, to bring under your notice, the results of the last twelve months ; and I trust that, compared with those of previous years, they will be found in every respect satisfactory.

The usual Statistical Tables are annexed. With regard to the facts embodied in them, I may briefly state, that the admissions have been :— Males 59, Females 67, total 126. The recoveries number 14 males, and 29 females ; in all 43 ; and the deaths 17 males, and 11 females ; total 28. Three other patients have also been finally discharged this day, recovered ; but not having been removed, and this being the last day of the year,

they cannot be entered in the returns of this year. The absolute number of recoveries, within the year, is therefore 46.

If these figures are compared with former returns, it will be seen, that whilst the number of deaths, exceeds only by one, that of last year, the recoveries are very nearly equal to the total number of cures, since the opening of the institution, and this, notwithstanding the fact, that amongst the admissions there were 26 patients received early in the year from Peckham House, belonging to the borough of Ipswich, all of whose cases were chronic, and all incurable.

It is a striking fact, that again this year, the deaths among the males have been considerably more numerous than among the females; whilst the recoveries have been in the reverse order: the number of females recovered, being more than double the number of males discharged in the same condition: the admissions as regards sex being nearly equal.

Since the opening of the Asylum, the females admitted out-number the males only by 22; nevertheless the recoveries with them have nearly doubled those of the other sex, whilst the mortality amongst the males, has been greatly in excess.

I can only account for these facts, on the

supposition, that the insane male is sent to an Asylum, with greater reluctance than the insane female; his importance, as regards a provision for his family, depriving him to some extent, of the chances of cure enjoyed by the female.

The patients remaining in the house this day are, for the most part, suffering from mental diseases of long standing; and but a very limited number of them have any probability of recovery.

The Asylum was originally designed to contain 125 patients of each sex; but on a careful measurement of the various rooms, and a new arrangement of them, there was found to be space for 150 on each side; so that there are still rather more than 50 vacancies.

The House has been in a very healthy state during the whole year. There has been no case of contagious, or epidemic disorder; and the deaths, with only one exception, have been from common causes, and unavoidable disease.

But two casualties have occurred worthy of notice. One, a compound fracture of the fore-arm, in a woman aged 86, from an accidental fall, in the ward; and notwithstanding her advanced age the case has gone on favourably: the other, that of an epileptic, who dislocated his shoulder joint, by his own violence.

There have been two cases of capital operation. One for strangulated hernia in a female. The case was peculiar inasmuch as there was an almost entire absence of symptoms ; and the patient, whose intelligence was considerable, said she thought there was little the matter with her at the time of the operation. There had been no pain ; she was unaware of the existence of a rupture, and a slight sickness alone led to its detection ; nevertheless the bowel was found much injured, and the case terminated fatally the fourth day after the operation.

The second operation was on the eye—iridectomy for glaucoma :—the case was successful ; the patient retaining at least as good vision as before the operation.

A man was received from another Asylum, with extensive necrosis of the bones of the hand and wrist ; and in a much reduced state of health. The only remedy was amputation ; but hitherto the patient has resolutely refused this, and his mind not being much affected, and his health improving rather than the reverse, it has not been thought expedient to make the operation compulsory,

Two children have been born in the Asylum during the year, both healthy ; and in each case

the mother improved so much, that she was discharged, with her infant, at the end of the puerperal month.

I have still to lament, that cases proper for Asylum treatment, in this county, are so long detained in their own homes, or in workhouses, before being sent. The time given in the statement, which accompanies each patient admitted, is as a rule, very little guide to the actual duration of the malady. I have received persons suffering from advanced general paralysis, and others from epileptic fatuity, stated to have been insane but a few days. In connection with this subject, I may mention that the medical officer of one of the larger Unions assured me that he scarcely dared to certify a person as insane, until he was recognised by all around as eminently dangerous.

Considerable improvement has been made during the year in the structural arrangements of the house; and several of the evident defects have been remedied.

The supply of hot water by means of the new apparatus is adequate, and constant. There is now a proper mess-room for the attendants, and servants.

The new cooking apparatus proves most efficient, and is in its proper place in the formerly

unused part of the basement. The Laundry has been much improved by the alteration of the drying closets; by the erection of a new ironing stove; and by the removal of the steam boiler, the supply of steam being now derived from the new central boilers.

In each of the wards, as originally constructed, there was the most objectionable circumstance of the water-closet and scullery being in one. This is being remedied by the formation of an intermediate wall, and the opening of a separate door into the ward. Two have been completed and the rest are in progress.

Many of the rooms have been coloured and painted, and are now much more cheerful in appearance. This process however has been delayed this year, by the necessity which existed for much out-door painting. Four of the baths, originally supplied in an extravagant number, have been removed, and the corresponding rooms converted into sleeping rooms for attendants.

Out of doors other improvements have been made. Much planting has been done, and more will still be required; the severe winter of last year having been very destructive to the young trees. Planting the airing court has also been

commenced, in accordance with the advice of the Commissioners. A good summer house has been constructed, on the hill at the back of the Asylum, commanding a pleasant view of the neighbourhood. The system of cultivation adopted in the farm, and garden, is fast improving the originally very poor land; and it is probable they will soon become much more remunerative. At least three acres of land, have been gained this year, by the completion of the great work of the patients, that of filling up the clunch pit. The whole is now covered with soil, and in the spring will be ready for sowing. This work has occupied from six to eight of the patients daily, the greater part of the time the house has been inhabited.

The following tables show the average daily number of patients industriously employed throughout the year, and the nature of their occupations:

MALES.		FEMALES.	
In Garden and Farm ...	28	Household Work	22
With the Carpenter.....	3	In the Kitchen	4
„ Engineer.....	2	In the Laundry	20
„ Painter	3	In Sewing	30
„ Tailor	2	In Knitting.....	4
„ Shoemaker ...	3	Shoebinding	1
„ Baker	2	Hair Picking	2
In the Kitchen	1		
In Ward Work	18		
In the Office	1		
Hair Picking	4		
Total	67	Total.....	83

These numbers are, as nearly as possible, two thirds of the average number resident ; and represent the full number capable of regular employment.

The means of amusement and instruction remain the same. The School is still useful : the weekly evening dance continues to be held : the game of cricket was played almost every fine evening during the summer by a considerable number of the patients : the set of skittle-pins has been worn out, and a new set bought : and the bowling green is in good order. There was one out-door holiday kept in the Summer : again, on the occasion of the harvest treat, Mr. Sippel of Cambridge, with the Volunteer Band, very kindly came out, and played during the greater part of the afternoon, and evening, for the amusement of the inmates : and at Christmas, as usual, the annual ball was a source of much pleasure to many. It is proposed to convert the room hitherto used as a mess-room, into a Chaplain's room, and library ; and thus to ensure a more regular distribution of the books.

The following are the statistical tables of the year.

GENERAL STATEMENT.

	Male.	Female.	Total.
Remaining in the Asylum Dec. 31, 1860	87	110	197
Admitted during the year 1861	59	67	126
Total number under treatment during the year 1861	146	177	323
<i>Removed during the year.</i>			
	Male.	Female.	Total.
Recovered	14	29	43
Relieved	2	1	3
Not Improved	4	1	5
Died.....	17	11	28
	37	42	79
Remaining under treatment Dec. 31st, 1861,	109	135	244

The re-admissions in the year were 11 : males 4, females 7.

AGES OF PATIENTS ADMITTED IN 1861.

IN DECENNIAL PERIODS.						Male.	Female.	Total.
From 10 to 20 years	5	4	9
„ 20 to 30	„	9	13	22
„ 30 to 40	„	21	13	34
„ 40 to 50	„	11	13	24
„ 50 to 60	„	4	9	13
„ 60 to 70	„	5	14	19
„ 70 to 80	„	3	1	4
„ 80 to 90	„	1	0	1
						59	67	126

THEIR SOCIAL STATE.

	Male.	Female.	Total.
Married	23	23	46
Single	30	29	59
Widowed	6	15	21
	59	67	126

THEIR PREVIOUS OCCUPATIONS.

	Male.	Female.	Total.
Blacksmith	1	0	1
Butchers	3	0	3
Bookbinder	1	0	1
Bricklayers, and wives of	4	1	5
Baker	1	0	1
Brothel Keeper	0	1	1
Carter	1	0	1
Cab-driver's wife	0	1	1
Carpenter, and wife of a	1	1	2
Charwomen	0	2	2
Domestic Servants	0	11	11
Dressmakers and Needlewomen	0	8	8
Farmers, and wives and daughters of	2	4	6
Fishmongers' wives	0	2	2
Grocers, and wives of	4	1	5
Hawker	1	0	1
Harness-maker	2	0	2
Laundress	0	1	1
Labourers, and wives of	16	8	24
Miller	1	0	1
Painters, and wives of	2	1	3
Policeman's wife	0	1	1
Porter's wives	0	2	2
Shoemakers, and wives of	4	2	6
Sailors, and wives of	6	2	8
Shepherd	1	0	1
Schoolmistresses	0	2	2
Tailor	1	0	1
Turner	1	0	1
Woodman	1	0	1
Waterman	1	0	1
Unknown, or none	4	16	20
	59	67	126

THEIR RELIGIOUS PERSUASIONS.

	Male.	Female.	Total.
Church of England... ..	35	42	77
Dissenters--Independents	2	4	6
„ Baptists	5	6	11
„ Methodists... ..	4	2	6
„ Countess of Huntingdon's } persuasion	1	0	1
„ Sect unknown	2	3	5
Protestants, undefined	4	2	6
Roman Catholic	1	0	1
Unknown or none, including idiots ...	5	8	13
	59	67	126

FORMS OF THEIR MENTAL DISEASES.

	Male.	Female.	Total.
Mania—Acute	6	11	17
„ Chronic	12	24	36
„ with Epilepsy	1	3	4
„ with Paralysis	4	1	5
„ Puerperal	0	3	3
„ Senile	1	1	2
„ with Melancholia	2	1	3
Melancholia	8	9	17
Dementia	7	5	12
„ with Paralysis	4	3	7
„ with Epilepsy	4	1	5
„ Senile	1	0	1
Imbecility—Acquired	2	0	2
„ Congenital	2	0	2
„ Congenital, with Epilepsy...	2	0	2
Idiocy	1	2	3
Delirium Tremens	1	0	1
Loss of Consciousness from Injury ..	1	0	1
No apparent Mental Disorder ...	0	3	3
	59	67	126

STATED CAUSES OF THEIR INSANITY.

	Male.	Female.	Total.
Childbirth	0	4	4
Congenital	5	2	7
Desertion by wife	2	0	2
Disappointed Affections... ..	0	2	2
Diseases of Brain	1	0	1
Epilepsy	5	4	9
Exhaustion from rapid Child-bearing ...	0	1	1
Fever	1	0	1
Fright	1	1	2
Hereditary	5	4	9
Hysteria	0	1	1
Injury to Head	3	0	3
Intemperance	8	2	10
Illtreatment by Wife	1	0	1
Lactation	0	2	2
Loss of Property	2	1	3
Mental Distress	1	1	2
Old Age	2	1	3
Paralysis	1	4	5
Religious Excitement	2	2	4
Unknown, or not stated	19	35	54
	59	67	126

LENGTH OF TIME INSANE ON ADMISSION.

	Male.	Female.	Total.
Under 1 month	16	14	30
„ 2 months	7	10	17
„ 6 months	8	11	19
„ 1 year	3	5	8
„ 2 years	4	0	4
„ 5 years	8	7	15
„ 10 years	2	5	7
„ 20 years	4	7	11
Above 20 years	2	2	4
From birth	5	2	7
Unknown... ..	0	1	1
Probably never Insane	0	3	3
	59	67	126

DURATION OF MALADY ON RECEPTION IN THE CASES DISCHARGED RECOVERED IN 1861.

							Male.	Female.	Total.
Under 1 week...	2	1	3
„ 2 „	4	3	7
„ 3 „	1	3	4
„ 1 month	0	3	3
„ 2 „	3	3	6
„ 3 „	3	5	8
„ 6 „	1	5	6
„ 1 year	0	1	1
2 years	0	2	2
6 „	0	1	1
12 „	0	1	1
Unknown	0	1	1
							14	29	43

PERIOD UNDER TREATMENT IN THE CASES DISCHARGED RECOVERED IN 1861.

							Male.	Female.	Total.
Under 2 months	0	8	8
„ 3 „	1	2	3
„ 4 „	5	2	7
„ 5 „	1	1	2
„ 6 „	1	1	2
„ 9 „	3	2	5
„ 12 „	0	5	5
„ 15 „	0	3	3
„ 2 years	1	3	4
„ 3 „	2	2	4
							14	29	43

CAUSES OF DEATH IN 1861.

	Male.	Female.	Total.
Diarrhœa, with Dementia	1	0	1
Epilepsy and Epileptic Coma	2	2	4
Exhaustion from Age and Excitement...	3	2	5
Exhaustion from Melancholia	1	0	1
General Paralysis	4	4	8
Hip Disease	0	1	1
Phthisis Pulmonalis	2	1	3
" " and Epilepsy	1	0	1
Pneumonia and Old Age	1	0	1
Pyuria, and Sloughing Ecthyma	1	0	1
Suicide	1	0	1
Strangulated Hernia after Operation ...	0	1	1
	17	11	28

Two of the deaths were the subjects of enquiry before the Coroner. One, that of an epileptic found dead in bed; the verdict being "death from natural causes,—epilepsy:" the other, a melancholy case of suicide, the means for which were furnished by the lamentable carelessness of an Attendant, in exposing his razors in his window, and the window being unfastened, the patient was enabled to reach them from the outside: in this case, the verdict was, that "the deceased committed self destruction, being at the time of unsound mind;" and the jury severely censured the Attendant; who was subsequently dismissed from the Asylum.

GENERAL STATISTICS OF THE ASYLUM SINCE ITS OPENING.

Admitted				Male. 199	Female. 221	Total. 420
REMOVED.	Male.	Female.	Total.			
Recovered	33	59	92			
Relieved	7	2	9			
Not improved	6	1	7			
Died.....	44	24	68			
	90	86	176	90	86	176
Remaining under treatment				109	135	244

The conduct of the Officers, and the female attendants, and servants, has been good throughout the year without exception ; and the same has been the case with the greater part of the males : one however, was charged with theft, and punished ; and two attendants were dismissed for carelessness, and neglect of duty.

The experiment, a common one I believe in some of the Scotch Asylums, was tried, of employing a recovered patient. He was engaged as a tailor, but after a time, without any relapse in his disorder, he became insubordinate, and was discharged.

In conclusion I have to thank you for much personal courtesy to myself,

And am,

My Lord and Gentlemen,

Your obedient Servant,

GEORGE W. LAWRENCE.

APPENDIX.

REPORT

OF THE

COMMITTEE OF VISITORS

Upon the Audit of Accounts

OF THE

TREASURER AND CLERK TO THE ASYLUM,

Pursuant to the 16th & 17th Vic., c. 97.

The Committee of Visitors having audited the Accounts of the Treasurer and Clerk of the Asylum, as directed by section 60 of the above Act, do hereby Report the same to the General Quarter Sessions of the County of Cambridge and the Isle of Ely, and to the Council of the Borough of Cambridge, and append thereto an abstract of such Accounts accordingly.

(Signed)

THOMAS ST. QUINTIN,

Chairman of the said Committee of Visitors.

Asylum, Fulbourn,

11th March, 1862.

CAMBRIDGESHIRE, ISLE OF ELY, AND BOROUGH OF CAMBRIDGE LUNATIC ASYLUM.

Account current for the Year ending the 31st day of December, 1861.

		£.	s.	d.	£.	s.	d.	£.	s.	d.
1861.										
Jan. 1.	To balance of cash this day (Treasurer)									
Dec. 31.	To cash received from Unions to which Asylum belongs.....)	4357	13	1	7	9	4			
"	To ditto from other Unions.....)	1779	6	9						
"	To ditto from sales of produce.....)	529	17	0						
"	To ditto from sales of produce.....)	120	14	4	6787	11	2			
"	To ditto from Treasurers of County, Isle and Borough				2218	8	5			
	Balance due to Clerk and Steward....				4	4	4			
					£9017	13	3			
1860.										
Dec. 31.	By balance due to Clerk and Steward on Petty Cash account									
1861.										
Dec. 31.	By cash paid on account of maintenance for Salaries and Wages ..)				1452	12	7			
"	Provisions				2504	11	7½			
"	Necessaries				760	6	8½			
"	Surgery				27	11	2			
"	Wine, Spirits, and Porter				171	13	0			
"	Clothing				280	6	0½			
"	Furniture and Bedding				149	3	4½			
"	Funeral Fees				46	7	0			
"	Garden and Farm.....)				635	14	1½			
"	Miscellaneous.....)				246	8	0			
					6274	13	7			
"	Building repairs and fittings							1730	7	0½
"	Balance							992	15	8
								£9017	13	3

Submitted to the Committee of Visitors this 25th day of February, 1862.

THOS. ST. QUINTIN, Chairman.

JOSEPH FRITH, Clerk of Asylum.

Income and Expenditure from the 1st day of January to the 31st day of December, 1861.

From County Rate.																		
From Treasurer of County for original furniture & fittings	"	"	"	402	12	8	402	12	8	"	"	"	805	5	4	"	"	"
From Treasurer of Isle of Ely for do. do. do.	"	"	"				626	6	4				626	6	4	"	"	"
From Treasurer of Borough of Cambridge	"	"	"	134	4	2	134	4	2				268	8	4	1700	"	"
From Treasurer of County for additions & alterations	"	"	"	189	9	6	118	8	5	45	3	9	353	1	8	"	"	"
From Treasurer of Isle of Ely for do. do. do.	"	"	"	147	7	4	"	"	"	92	2	1	274	12	4	"	"	"
From Treasurer of the Borough for do. do.	"	"	"	63	3	2	"	"	"	39	9	6				"	"	"
	"	"	"				15	1	4	117	14		745	8		"	"	"
				936	16	10	1281	11	7	226	19	7	2445	8				

NB. † Cemetery account
 ^ Additions & Alterations.

Joseph Little
Clerk of Asylum.



CAMBRIDGESHIRE, ISLE OF ELY, AND BOROUGH OF CAMBRIDGE LUNATIC ASYLUM.

Balance Sheet for Year ending 31st December, 1861.

1861.		£.	s.	d.	£.	s.	d.	£.	s.	d.
Dec. 31.	To Balance of cash this day, see account current							1389	4	4
"	Maintenance	314	4	7½						
"	Building	678	11	0½				379	12	9
					992	15	8			
"	To amount due for maintenance, &c. of Patients to which Asylum belongs	1051	19	3				60	9	6
"	To amount due for maintenance from other Unions	628	6	7				250	0	0
					1680	5	10			
"	To amount due from Isle Treasurer, proportion of grant for Cemetery	92	2	1				100	14	5
"	To amount due from Borough Treasurer, proportion of grant for Cemetery	39	9	6						
								221	9	0½
"	To amount due from Treasurers of County, Isle and Borough for additions and alterations							494	6	8½
								2180	1	0
								4	4	4
								715	15	9
								£2900	1	1

11th March, 1862.

Examined and found correct.

F. HICKS,
ELLIOT SMITH, }
Auditors.

CAMBRIDGESHIRE LUNATIC ASYLUM

Profit and Loss for the Year ending

Dr.		£.	s.	d.	£.	s.	d.	£.	s.	d.
1861.										
Dec. 31.	To cash paid for Stock—									
	Horse	25	0	0						
	Cow	19	0	0						
	Pigs	21	10	0						
	Guinea fowls	0	8	0						
		<hr/>								
	Cr. Calves sold.....	66	8	0						
		2	15	0				63	13	0
		<hr/>								
"	" Meal and Pollard	155	11	8						
"	" Hay	140	11	3						
"	" Linseed Cake	71	0	0						
"	" Mangold Wurzel	2	5	0						
		<hr/>								
	Cr. allowance for Sheep feed	369	7	11						
		0	10	0				368	17	11
		<hr/>								
"	" Machine Hire.....	7	0	0						
"	" Drill ditto	1	7	6						
		<hr/>						8	7	6
"	" Seeds				35	17	5
"	" Straw	34	19	0						
"	" Salt for Manure.....	1	8	0						
		<hr/>						36	7	0
"	" Veterinary and Drugs	8	10	6						
"	" Saddlery, &c.	8	1	4						
"	" Smith for Shoeing.....	2	18	6						
"	" Hire of Horse.....	0	10	0						
		<hr/>						20	0	4
"	" Wages to Farm Bailiff } and Gardener..... }	62	10	9						
"	" Ditto to Labourers	116	1	3½				178	12	0½
		<hr/>								
"	" Rent of Land.....	3	0	0						
"	" Thatcher	4	10	1						
"	" Hay-cutter	1	19	0						
"	" Miscellaneous.....	2	1	11						
		<hr/>						11	11	0
		<hr/>								
"	To Garden Produce consumed on } Farm, as per contra				723	6	
"	To Farm Produce, ditto ditto..				102	10	7½
		<hr/>								
"	To Pig-wash from Asylum to Farm, } estimated..... }				10	0	0
"	*To Rent of 40 acres of Land under } cultivation (estimated at 40s. } per acre)				80	0	0
		<hr/>								
		<hr/>						90	0	
		<hr/>								
		<hr/>						£920	2	

N.B.—Although no land is rented, it is only considered fair, in stating the profit and loss, to shew the quantity of land under cultivation at an estimated rental.

MEN AND FARM ACCOUNT.

day of December, 1861.

	£.	s.	d.	£.	s.	d.	£.	s.	d.
By Cash received for Produce sold—									
Trigg, for Turkeys	8	9	2						
Palmer, for Hides.....	1	9	0						
Miss Bryan, for Vegetables.....	22	1	2						
Dr. Lawrence, ditto	26	18	8						
Warren & Nichols, for waste Fat..	11	12	7						
Sundries, per Scott	0	10	0						
	<hr/>						71	0	7
By Produce from Garden and Farm to Asylum—									
339 st. 4 lb. Pork, at 8s. 6d.....	143	19	8½						
4868½ gals. Milk, at 10d.	202	17	1						
40 st. 8 lb. Beef; head, tongue, } and suet, at 7s. }	14	16	0						
1854 Eggs, at ¼d.	4	15	6						
43,088 lb. Potatoes, at ½d.	89	15	3						
879 lb. Butter, at 1s. 2d.	51	6	1						
	<hr/>						507	9	7½
By 46 qr. Barley for Malting, at 40s.					92	0	0
By Vegetables from Garden to } Asylum (<i>see Gardener's Book</i>) }					72	6	0
							<hr/>		
							742	16	2½
By Produce from Garden consumed at Farm—									
100 bushel Carrots, at 9d.	3	15	0						
35 bushel Parsnips, at 3d.	0	8	9						
4 load Greens	0	2	0						
	<hr/>						4	5	9
By Produce of Farm, consumed at Farm—									
1¼ qr. Barley, at 30s.	1·17	6							
50½ qr. Oats, at 25s.	62	13	1½						
8 ton Sainfoin, at 90s.	36	0	0						
4 ton Mangold Wurzel, at 10s. ..	2	0	0						
	<hr/>						102	10	7½
							<hr/>		
							106	16	4½
By Increase of Stock compared } with corresponding date of pre- } ceding year					50	14	4
Balance					19	15	8
							<hr/>		
							£920	2	7

JOSEPH FRITH, *Steward.*

CAMBRIDGESHIRE LUNATIC ASYLUM GARDEN AND FARM ACCOUNT.

Estimated Value of Stock on Farm and Garden, December 31st, 1861, compared with preceding Year.

1860. Dec. 31.	To Stock on hand—	£.	s.	d.	£.	s.	d.	1861. Dec. 31.	By Stock on hand—	£.	s.	d.	£.	s.	d.
	2 Horses, at £30.	60	0	0					3 Horses	85	0	0			
	9 Cows, at £15.	135	0	0					9 Cows, at £15.	135	0	0			
	37 Pigs	84	0	0					4 Calves, at £4.	16	0	0			
	50 Fowls, at 1s. 6d.	3	15	0					58 Pigs	78	5	0			
	12 Turkeys, at 10s.	6	0	0					5 Turkeys, at 10s.	2	10	0			
	3 Ducks, at 1s. 9d.	0	5	3					21 Fowls, at 1s. 6d.	1	11	6			
	40 Pigeons, at 9d.	1	10	0					37 Chickens, at 1s.	1	17	0			
					290	10	3		5 Ducks, at 1s. 9d.	0	8	9			
	30 qr. Oats, at 25s.	37	10	0					39 Pigeons, at 9d.	1	9	3			
	30 ton Mangold Wurt- }	15	0	0					5 Guinea Fowls, at 2s.	0	10	0			
	15 qr. Barley, at 40s. ...	30	0	0									322	11	6
	4 ton Sainfoin, at 90s. ...	18	0	0					18 qr. Oats, at 25s.	22	15	0			
					100	10	0		1 qr. Barley, at 30s. ...	1	10	0			
	410 bl. Potatoes, at 2s. 4d. ...	47	16	8					14 ton Hay	60	0	0			
	235 bl. Carrots, at 9d. ...	8	16	3									84	5	0
	125 bl. Parsnips, at 9d. ...	4	13	9					695 bl. Potatoes, at 2s. 4d. ...	81	1	8			
	10 bl. Onions, at 2s. 4d. ...	1	3	4					205 bl. Carrots, at 9d. ...	7	13	9			
	4 bl. Beet-root, at 9d. ...	0	3	0					200 bl. Parsnips, at 9d. ...	7	10	0			
					62	13	0		11 bl. Onions, at 2s. 4d. ...	1	5	8			
													97	11	1
	Balance, increase of Stock												
					453	13	3						504	7	7
					50	14	4								
					£504	7	7						£504	7	7

JOSEPH FRITH, Steward.

ORDINARY DIET TABLE.

	BREAKFAST.						DINNER.										SUPPER.																				
	Males.			Females.			Males.						Females.				Males.			Females.																	
	Cocoa.	Bread.	pts.	Cocoa.	Bread.	pts.	Beef Uncooked, free from Bone.	Stew.	Meat Pie.	Suet Dumpling.	Potatoes.	Bread.	Beer.	Beef Uncooked, free from Bone.	Stew.	Meat Pie.	Suet Dumpling.	Potatoes.	Bread.	Beer.	Bread.	Butter.	Tea.	Bread.	Butter.	Tea.	pts.	ozs.	pts.	ozs.	pts.	ozs.	pts.				
Monday.....	1	6	1	5	5	$\frac{1}{2}$	4	16	..	4	6	..	$\frac{1}{2}$	4	14	..	4	6	..	$\frac{1}{2}$	4	6	$\frac{1}{2}$	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$
Tuesday	1	6	1	5	5	$\frac{1}{2}$	4	..	14	..	6	..	$\frac{1}{2}$	4	..	12	..	6	..	$\frac{1}{2}$	6	6	$\frac{1}{2}$	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$
Wednesday	1	6	1	5	5	$\frac{1}{2}$	7	12	3	$\frac{1}{2}$	6	9	3	$\frac{1}{2}$	6	6	$\frac{1}{2}$	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$
Thursday	1	6	1	5	5	$\frac{1}{2}$	4	16	..	4	6	..	$\frac{1}{2}$	4	14	..	4	6	..	$\frac{1}{2}$	4	6	$\frac{1}{2}$	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$
Friday	1	6	1	5	5	$\frac{1}{2}$	7	12	3	$\frac{1}{2}$	6	9	3	$\frac{1}{2}$	6	6	$\frac{1}{2}$	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$
Saturday	1	6	1	5	5	$\frac{1}{2}$	4	16	..	4	6	..	$\frac{1}{2}$	4	14	..	4	6	..	$\frac{1}{2}$	4	6	$\frac{1}{2}$	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$
Sunday.....	1	6	1	5	5	$\frac{1}{2}$	7	12	3	$\frac{1}{2}$	6	9	3	$\frac{1}{2}$	6	6	$\frac{1}{2}$	6	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$	1	5	$\frac{1}{2}$
TOTALS	7	42	7	35	35	$4\frac{1}{2}$	37	48	14	12	60	9	$4\frac{1}{2}$	34	42	12	12	51	9	$3\frac{1}{2}$	42	$3\frac{1}{2}$	7	35	$3\frac{1}{2}$	7	35	$3\frac{1}{2}$	7	35	$3\frac{1}{2}$	7	35	$3\frac{1}{2}$	7	35	$3\frac{1}{2}$

N.B.—Extra to workers, 3 ozs. Bread, $\frac{1}{2}$ -pint Beer, and 1 oz. Cheese daily.
 Cocoa in the following proportions for 1 pint: viz., $\frac{1}{2}$ -oz. Cocoa, $\frac{3}{4}$ -oz. Treacle, and $\frac{1}{4}$ -pint Milk.
 Tobacco and Snuff given as indulgences to the working patients.

(Signed) JOSEPH FRITH, Steward.

